

I Choose To Lose Challenge 2011

Nutrition visits covered by Providence Health Plan

You know that what you eat makes a difference in your overall health. Under the 2011 Providence Health Plan benefits, two visits yearly to a nutritional counselor are now paid at 100% under the wellness benefits – for any diagnosis.

Some medical conditions (such as weight loss) are limited to these 2 visits. Some other diagnoses, such as diabetes, are allowed more visits and are subject to your deductible as well as a co-pay.



- Employees can see any licensed nutritional provider practicing within the scope of their license. (Licensed dietician or nutritionist, physician, naturopath, etc.)
- No referrals are necessary.
- For additional clarification, please contact your local benefits helpline at 907-212-6453 or Providence Health Plan at 1-800-221-7339.